



Classificações Provisórias: Category:[BENAM]

Place	Dorsal	Name	Gen	Cat. [Place]	Nat.	Team	Official	Dif.
1	137	TIAGO SILVA	M	BENAM [1]	PT	ESCOLA ATLETISMO ROSA OLIVEIRA	00:02:02	
2	546	SAMUEL PEREIRA	M	BENAM [2]	PT	ADCCJ CLARK - CASTELO DE PAIVA	00:02:06	00:00:03
3	176	AFONSO MAGALHÃES	M	BENAM [3]	PT	GD BPI	00:02:09	00:00:06
4	342	MIGUEL AZEVEDO	M	BENAM [4]	PT	AZEVEDOS TEAM	00:02:09	00:00:06
5	156	MARTIM CAMPOS	M	BENAM [5]	PT	PROTEU	00:02:11	00:00:09
6	292	SALVADOR LOUREIRO	M	BENAM [6]	PT	ATÉTISMO ESTRELAS SUSANENSE	00:02:14	00:00:12
7	327	SALVADOR AZEVEDO	M	BENAM [7]	PT	MONDAY RUNNERS	00:02:16	00:00:13
8	136	AFONSO SILVA	M	BENAM [8]	PT	ESCOLA ATLETISMO ROSA OLIVEIRA	00:02:17	00:00:15
9	328	ANDRÉ ALVES MARTINS	M	BENAM [9]	PT		00:02:18	00:00:15
10	285	GABRIEL RIBEIRO	M	BENAM [10]	PT	ATÉTISMO ESTRELAS SUSANENSE	00:02:19	00:00:16
11	513	MARCO ANTUNES	M	BENAM [11]	PT		00:02:21	00:00:18
12	219	TOMAS ANDRADE	M	BENAM [12]	PT	TEIXEIRA ANDRADE	00:02:22	00:00:19
13	359	DANIEL BARBOSA	M	BENAM [13]	PT	SALGUEIROS RUNNING	00:02:23	00:00:20
14	356	TIAGO AMORIM	M	BENAM [14]	PT	CLUBE ATLETISMO DE AVINTES	00:02:24	00:00:21
15	467	PEDRO OLIVEIRA	M	BENAM [15]	PT	OLIVEIRAS	00:02:24	00:00:22
16	152	MIGUEL LIMA	M	BENAM [16]	PT		00:02:25	00:00:22
17	288	JORGE FREITAS	M	BENAM [17]	PT	ATÉTISMO ESTRELAS SUSANENSE	00:02:25	00:00:22
18	469	DANIEL LARA	M	BENAM [18]	PT		00:02:25	00:00:23
19	135	SIMAO AZEVEDO	M	BENAM [19]	PT	ESCOLA ATLETISMO ROSA OLIVEIRA	00:02:26	00:00:23
20	81	AFONSO MAGALHAES	M	BENAM [20]	PT	COLEGIO JULIO DINIS	00:02:26	00:00:24
21	501	PEDRO RIBEIRO	M	BENAM [21]	PT	RUNRIVER - ESCOLA ATLETISMO DE RIO TINT	00:02:27	00:00:24
22	339	HENRIQUE BARTOLO	M	BENAM [22]	PT		00:02:28	00:00:25
23	321	GUILHERME PEREIRA DIAS	M	BENAM [23]	PT	OS SUPER TROVÕES	00:02:29	00:00:26
24	242	NUNO ARMINDO	M	BENAM [24]	PT		00:02:29	00:00:27
25	154	BERNARDO BORGES	M	BENAM [25]	PT	RUNNING ESPINHO KIDS	00:02:32	00:00:29
26	17	LEONARDO SOUSA	M	BENAM [26]	PT		00:02:32	00:00:29
27	319	SEBASTIÃO GOMES	M	BENAM [27]	PT		00:02:33	00:00:30
28	277	MÁRIO MENDES	M	BENAM [28]	PT		00:02:33	00:00:30
29	323	TOMÁS QUEIRÓS	M	BENAM [29]	PT		00:02:35	00:00:33
30	167	DUARTE MARTINS	M	BENAM [30]	PT	LOUSADA RUNNERS	00:02:38	00:00:35
31	329	LUCAS RODRIGUES SILVA	M	BENAM [31]	PT	OS SUPER TROVÕES	00:02:38	00:00:36
32	485	RAFAEL FERREIRA	M	BENAM [32]	PT		00:02:38	00:00:36
33	552	AFONSO RIBEIRO	M	BENAM [33]	PT		00:02:39	00:00:36
34	155	GUILHERME NEVES	M	BENAM [34]	PT	RUNNING ESPINHO KIDS	00:02:40	00:00:37
35	237	RODRIGO NETO	M	BENAM [35]	PT		00:02:40	00:00:38
36	75	LUCA JARONE	M	BENAM [36]	PT	COLEGIO JULIO DINIS	00:02:41	00:00:39
37	365	ANDRÉ BERNARDES TAVARES FERREIR	M	BENAM [37]	PT	OS SUPER TROVÕES	00:02:42	00:00:39
38	534	DAVID LOURENÇO	M	BENAM [38]	PT	LEIXÕES RUNNERS	00:02:43	00:00:41
39	353	RAFAEL MAGALHAES	M	BENAM [39]	PT	CLUBE ATLETISMO DE AVINTES	00:02:43	00:00:41
40	533	AFONSO MOREIRA	M	BENAM [40]	PT	LEIXÕES RUNNERS	00:02:44	00:00:41
41	326	VICENTE SOUSA	M	BENAM [41]	PT		00:02:44	00:00:42












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42	355	SANTIAGO SILVA	M	BENAM [42]	PT	CLUBE ATLETISMO DE AVINTES	00:02:45	00:00:42
43	412	TOMÁS COSTA	M	BENAM [43]	PT	ARC VALE S. COSME	00:02:45	00:00:42
44	182	DUARTE SOUSA	M	BENAM [44]	PT	GD BPI	00:02:45	00:00:43
45	504	TOMÁS CALDAS	M	BENAM [45]	PT	RUNRIVER - ESCOLA ATLETISMO DE RIO TINT	00:02:47	00:00:44
46	363	DINIS SANTOS	M	BENAM [46]	PT		00:02:48	00:00:45
47	203	RAFAEL PINTO	M	BENAM [47]	PT	FAMILIA PINTO	00:02:48	00:00:45
48	303	RODRIGO OLIVEIRA	M	BENAM [48]	PT	PORTO TRAIL RUNNING SCHOOL	00:02:49	00:00:46
49	464	TIAGO PEREIRA	M	BENAM [49]	PT		00:02:49	00:00:47
50	238	VASCO NETO	M	BENAM [50]	PT		00:02:49	00:00:47
51	346	PEDRO SANTOS	M	BENAM [51]	PT		00:02:51	00:00:48
52	134	GONCALO CARVALHO	M	BENAM [52]	PT	ESCOLA ATLETISMO ROSA OLIVEIRA	00:02:52	00:00:50
53	73	PEDRO PAIVA	M	BENAM [53]	PT	COLEGIO JULIO DINIS	00:02:53	00:00:50
54	49	ANDRE CARVALHO	M	BENAM [54]	PT	COLEGIO JULIO DINIS	00:02:53	00:00:50
55	153	DIOGO RIBEIRO	M	BENAM [55]	PT		00:02:53	00:00:51
56	164	MIGUEL SILVA	M	BENAM [56]	PT	CENTRO MARCHA CORRIDA UNIÃO FREGUES	00:02:53	00:00:51
57	471	TOMÁS COSTA	M	BENAM [57]	PT		00:02:54	00:00:51
58	345	RODRIGO MARTINS	M	BENAM [58]	PT	PRIMOS	00:02:55	00:00:52
59	495	MANUEL SOUSA	M	BENAM [59]	PT	RUNRIVER - ESCOLA ATLETISMO DE RIO TINT	00:02:55	00:00:53
60	462	TIAGO COSTA	M	BENAM [60]	PT	CLUBE ATLETISMO DO TÂMEGA	00:02:56	00:00:53
61	544	HUGO JOAQUINA	M	BENAM [61]	PT	ADCCJ CLARK - CASTELO DE PAIVA	00:02:56	00:00:54
62	423	DENIS TSYBRIUSKY	M	BENAM [62]	PT	EAT-ESCOLA DE ATLETISMO DA TROFA	00:02:58	00:00:56
63	367	VICENTE SANTOS	M	BENAM [63]	PT	AS-AD	00:02:58	00:00:56
64	265	JOÃO BAPTISTA	M	BENAM [64]	PT		00:02:59	00:00:56
65	232	HENRIQUE LEITE	M	BENAM [65]	PT		00:03:00	00:00:57
66	338	SALVADOR SILVA	M	BENAM [66]	PT		00:03:01	00:00:58
67	255	RODRIGO RIBEIRO	M	BENAM [67]	PT		00:03:02	00:01:00
68	28	HENRIQUE OLIVEIRA	M	BENAM [68]	PT	COLEGIO JULIO DINIS	00:03:03	00:01:00
69	177	AFONSO MARTINS	M	BENAM [69]	PT	GD BPI	00:03:04	00:01:02
70	491	DIOGO OLIVEIRA	M	BENAM [70]	PT	RUNRIVER - ESCOLA ATLETISMO DE RIO TINT	00:03:05	00:01:02
71	420	BRUNO SILVA	M	BENAM [71]	PT	EAT-ESCOLA DE ATLETISMO DA TROFA	00:03:06	00:01:03
72	157	TOMÁS JOAQUIM REIS AMORIM	M	BENAM [72]	PT		00:03:10	00:01:08
73	298	HENRIQUE VENTURA	M	BENAM [73]	PT	PORTO TRAIL RUNNING SCHOOL	00:03:11	00:01:08
74	58	TIAGO TALES	M	BENAM [74]	PT	COLEGIO JULIO DINIS	00:03:13	00:01:11
75	181	DIOGO FARIA	M	BENAM [75]	PT	GD BPI	00:03:14	00:01:11
76	322	RAFAEL OLIVEIRA AFONSO	M	BENAM [76]	PT	OS SUPER TROVÕES	00:03:14	00:01:11
77	320	MIGUEL MARTINS	M	BENAM [77]	PT		00:03:17	00:01:14
78	194	RODRIGO BARBEDO	M	BENAM [78]	PT	GD BPI	00:03:18	00:01:15
79	264	GUSTAVO MOUTINHO	M	BENAM [79]	PT	DRAGON RUNNERS	00:03:19	00:01:16
80	185	GUILHERME MARTINS	M	BENAM [80]	PT	GD BPI	00:03:20	00:01:17
81	231	DINIS COIMBRA	M	BENAM [81]	PT	MANQUINHOS	00:03:22	00:01:19
82	55	JOAO CRUZ	M	BENAM [82]	PT	COLEGIO JULIO DINIS	00:03:25	00:01:22



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83	233	FRANCISCO LEITE	M	BENAM [83]	PT 	LEITE	00:03:30	00:01:28
84	466	VASCO TEIXEIRA	M	BENAM [84]	PT 		00:03:32	00:01:29
85	263	AFONSO MARQUES	M	BENAM [85]	PT 		00:03:32	00:01:29
86	324	GASPAR TOMÁS	M	BENAM [86]	PT 		00:03:34	00:01:32
87	186	GUILHERME SOUSA	M	BENAM [87]	PT 	GD BPI	00:03:41	00:01:39
88	195	RODRIGO CATARINO	M	BENAM [88]	PT 	GD BPI	00:03:56	00:01:54
89	535	TOMÁS DINIS	M	BENAM [89]	PT 		00:04:01	00:01:58
90	313	HENRIQUE MAGALHÃES	M	BENAM [90]	PT 		00:04:01	00:01:58
91	48	LUIS FILIPE CASTRO	M	BENAM [91]	PT 	COLEGIO JULIO DINIS	00:04:07	00:02:04